The Monroe Institute®

2017 Program Schedule

Residential Programs

****Embodied Consciousness**
June 3 - 9

***EnergyBody**
February 4 - 10
October 7 - 13

***⁺Event Horizon**
April 29 - May 5
September 30 – October 6

Exploration 27
January 28 – February 3
July 22 - 28
November 11 - 17

Outreach Training Program
September 15 – 21 Italy

***Gateway Voyage®**
January 14 - 20
February 11 - 17
March 11 - 17
April 8 - 14
May 6 - 12
June 10 - 16
July 8 - 14
August 5 - 11
September 16 - 22
October 14 - 20
November 11 - 17
December 9 - 15

***Gateway Voyage California**
March 5 - 10
October 29 – November 3

Guidelines
March 18 - 24
July 15 - 21
October 21 - 27

Heartline
May 20 - 26
October 21 - 27

***⁺Journeys - Happiness**
June 17 – 23

***Law of Attraction**
June 17 - 23

Lifeline
January 21 - 27
May 6 - 12
September 30 – October 6

***⁺Lucid Dreaming**
April 29-May 5

MC²
March 4 - 10
July 15 - 21
October 28 – November 3

***Medical Intuition and Symbolic Diseases**
April 8 - 14
October 14 – 20

***My Big T.O.E.**
September 9 – 15
November 4 - 10

***Near Death Experience**
April 22 - 28
August 26 – September 1

***New Year Program**
December 28 - January 2

***Out-of-Body Exploration**
May 13 - 19
June 24 - 30
July 22 - 28
August 19 - 25

***Remote Viewing**
March 25 - 31
August 12 - 18
December 16 - 22

Starlines I
April 1 - 7
July 29 – August 4

Starlines II
October 7 – 13

Starlines Reunion
July 8-14

Timeline
October 28 – November 3

Weekend Workshops

***Accessing Inner Guidance**
August 18 – 20, 2pm

***Destination: Higher Self**
April 21-24
September 15-18

***Effortless Meditation: Releasing Into Divine Joy**
September 22 - 25, 2pm

***Sound Medicine: An accredited CME course**
May 19-22

***Mini One-Day Program**
February 25
April 1
May13
June 24
August 26

****no prerequisite***
⁺SAM Technology
****Three Month Yoga Practice**

Call 434.361.1500 or Toll Free (U.S. and Canada) 1.866.881.3440 for rates, program availability and to register.
NOTE: Program dates and locations are subject to change. January 27, 2017

Embodied Consciousness
"We are more than our physical bodies," and at the same time, the physical can be the vehicle for transformation, enabling us to experience the true limitlessness of the self. *Prerequisite 3 Month Yoga Practice.*

EnergyBody
Using focused intention, energy control exercises, the loving heart and Hemi-Sync®, we explore methods to support energy body awareness. *No prerequisite.*

Event Horizon
Recognize your stories that create the illusion of limitation and learn how to change those stories to ones of a positive personal perspective to enable you to create your destiny. *No prerequisite.*

Exploration 27
Provides intensive investigation into uncharted, nonphysical territories; a week of pioneering, cutting-edge explorations. *Prerequisite: Guidelines or Lifeline.*

Gateway Voyage®
Internationally renowned program utilizing Hemi-Sync® technology designed to provide you with tools that enable self-discovery, the development and exploration of human consciousness, and expansion of awareness. Our basic program. *No prerequisite.*

Guidelines
Facilitates communication with greater parts of your awareness and inner guidance, offering a different overview. *Prerequisite: Gateway Voyage.*

Heartline
Facilitates exploring your internal landscapes to promote self-love, trust and acceptance, greater balance and harmony. *Prerequisite: Gateway Voyage.*

Journeys – A Voyage to Happiness
What is the relationship between happiness and what we think, what we know, and what we actually experience? Learn ways to experience a change in perspective and understanding, resulting in a different overview. *No prerequisite.*

Law of Attraction
Empower yourself to consciously create the life you desire by learning the key concepts of the universal Law of Attraction as well as simple, yet powerful tools and techniques. *No prerequisite.*

Lifeline
Learn to contact those who have made the transition from physical reality and who need assistance in moving forward. *Prerequisite: Gateway Voyage.*

Lucid Dreaming
Explore techniques using Hemi-Sync® and SAM technology for attaining lucidity. Find practical application as a tool for self-awareness, problem solving and creative management of life and energy problems. *No prerequisite.*

MC2 (Manifestation and Creation Squared)
Use principles of psychokinesis (PK) and energy healing to influence time-space events through non-physical (energetic) means. *Prerequisite: Gateway Voyage.*

Medical Intuition and Symbolic Dis-ease *No prerequisite.*
Medical Intuition can provide valuable tools to find the underlying causes of a physical or emotional condition. This retreat will teach you how to intuitively gather information about any sicknesses and show you how to act as an effective catalyst in assisting them to heal.

Near Death Experience
Explore nonphysical realities encountered by near-death experiencers. Have the opportunity to move through the tunnel, meet guides, reunite with dead relatives, experience a life review and tour crystal cities. *No prerequisite.*

New Year Program Review the past year on physical, emotional and spiritual levels; celebrate; and then pattern for the coming year to be the best year yet. *No prerequisite.*

Out-of-Body Exploration
Preparation, mindset and methods required to initiate OOB experiences. Experience methods used by well-known author William Buhlman. *No prerequisite.*

Remote Viewing
The value of remote viewing lies in the objective nature of the process itself; allowing immediate confirmation of information received from higher self, guides or Universal consciousness. *No prerequisite.*

Starlines
Explore the mystery and majesty of energy in the Milky Way and beyond, awareness and perception in Focus 34/35, 42 and 49. *Prerequisite: Exploration 27.*

Starlines II
A blend of physics and metaphysics, with opportunities to explore various forms of dimensional shifting in Focus 49 and beyond. *Prerequisite: Starlines*

Timeline
Explore the learning adventures of other selves in other times to gain new perspectives on your unique possibilities now and into the future. *Prerequisite: Gateway Voyage.*

Weekend Workshops

Accessing Inner Guidance *No prerequisite.*
Learn to obtain guidance beyond what sensory data and logic can provide.

Destination: Higher Self *No prerequisite.*
We are all headed to the life changing transition of consciousness that we call death. Are you and your loved ones prepared for your continuing spiritual journey?

Effortless Meditation: Releasing Into Devine Joy
This long weekend retreat will be an opportunity to deepen your experience of meditation, and open more readily to the stillness within. Peter Russell will show you how to manage thoughts and surrender resistance in meditation; how to distinguish ego from the true Self; and how to use our inner guidance in support of our spiritual practice. *No prerequisite.*

Sound Medicine: An accredited CME course *No prerequisite.*
This experiential workshop is for anyone including health care professionals who want to expand their knowledge of sound healing while learning practical applications for patient care.